



MYCORENUTRITION

Nourish your core.

Practice Policies and Service Agreement

Welcome to My Core Nutrition. This agreement contains important information about My Core Nutrition services and policies. To demonstrate acknowledgement and acceptance of the policies, please sign and date.

Fee Policy

You will be informed of your service fee when you make your appointment. Payment is due at the time of service. Cash, check, Visa and MasterCard are acceptable forms of payment. Checks are to be made payable to My Core Nutrition. Fees for service and classes are not refundable. Checks returned for insufficient funds will result in a \$25 charge.

Cancellation Policy

If it is necessary to cancel or change an appointment, at least 24 –hour advance notice is required to avoid being charged for the appointment.

Sessions

Professional services are by appointment only. Sessions typically last 45-90 minutes depending on the service. If you arrive late, the session will still need to end on time.

Confidentiality

All client information is confidential and only released with the written authorization of the client. If the client is a minor, written parental consent is required. The exceptions to this policy are if My Core Nutrition is compelled to release such information by law or by a court order or if an individual's physical safety is threatened.

I have read and agree to the My Core Nutrition Practice Policies and Service Agreements. I understand that I will be responsible for any missed appointment charges and returned check fees.

(Signature)

(Date)